

January

Day	Time	Metres
1	0457 0.4	
	0948 4	
Mon	1645 0.6	
	2151 4.5	
2	0533 0.5	
	1027 4	
Tue	1727 0.7	
	2233 4.3	
3	0606 0.5	
	1112 4	
Wed	1818 0.7	
	2324 4	
4	0645 0.6	
	1209 4	
Thu	1915 0.8	
5	0027 3.8	
	0733 0.7	
Fri	1303 4.1	
	2024 0.7	
6	0139 3.6	
	0827 0.7	
Sat	1406 4.3	
	2136 0.6	
7	0251 3.6	
	0927 0.7	
Sun	1503 4.5	
	2242 0.5	
8	0351 3.7	
	1024 0.6	
Mon	1554 4.7	
	2342 0.4	
9	0439 3.7	
	1121 0.5	
Tue	1642 4.9	
10	0039 0.3	
	0530 3.9	
Wed	1215 0.4	
	1730 5.2	
11	0133 0.3	
	0815 4.1	
Thu	1309 0.3	
	1818 5.5	
12	0221 0.3	
	0657 4.3	
Fri	1400 0.3	
	1900 5.6	
13	0306 0.3	
	0739 4.5	
Sat	1451 0.3	
	1948 5.7	
14	0354 0.3	
	0827 4.6	
Sun	1542 0.3	
	2033 5.5	
15	0436 0.3	
	0912 4.7	
Mon	1633 0.3	
	2124 5.3	

Day	Time	Metres
16	0518 0.3	
	0957 4.7	
Tue	1724 0.4	
	2215 4.9	
17	0600 0.3	
	1054 4.6	
Wed	1821 0.4	
	2318 4.5	
18	0645 0.4	
	1151 4.6	
Thu	1921 0.5	
19	0021 4.1	
	0733 0.5	
Fri	1257 4.6	
	2033 0.5	
20	0139 3.4	
	0830 3.9	
Sat	1403 4.6	
	2145 0.5	
21	0254 3.8	
	0933 0.6	
Sun	1509 4.8	
	2257 0.4	
22	0406 3.8	
	1039 0.6	
Mon	1609 4.8	
23	0000 0.4	
	0503 3.8	
Tue	1139 0.6	
	1703 4.9	
24	0054 0.4	
	0545 3.9	
Wed	1230 0.5	
	1748 5	
25	0139 0.3	
	0630 4	
Thu	1318 0.4	
	1830 5.1	
26	0218 0.3	
	0706 4.2	
Fri	1400 0.4	
	1903 5.2	
27	0254 0.3	
	0736 4.3	
Sat	1439 0.4	
	1936 5.2	
28	0327 0.3	
	0806 4.4	
Sun	1515 0.4	
	2012 5.1	
29	0357 0.3	
	0836 4.5	
Mon	1551 0.4	
	2042 4.9	
30	0424 0.4	
	0906 4.5	
Tue	1624 0.5	
	2115 4.7	
31	0454 0.4	
	0942 4.5	
Wed	1700 0.5	
	2151 4.4	

February

Day	Time	Metres
1	0521 0.5	
	1021 4.4	
Thu	1742 0.6	
	2233 4.1	
2	0548 0.6	
	1100 4.3	
Fri	1827 0.7	
	2330 3.8	
3	0627 0.7	
	1157 4.2	
Sat	1927 0.7	
4	0036 3.5	
	0718 0.8	
Sun	1300 4.3	
	2042 0.7	
5	0157 3.4	
	0824 0.8	
Mon	1412 4.4	
	2203 0.6	
6	0315 3.4	
	0939 0.8	
Tue	1518 4.6	
	2315 0.5	
7	0415 3.6	
	1051 0.6	
Wed	1618 4.9	
8	0018 0.4	
	0509 3.8	
Thu	1157 0.4	
	1715 5.2	
9	0115 0.3	
	0600 4.2	
Fri	1300 0.3	
	1803 5.5	
10	0206 0.2	
	0639 4.5	
Sat	1357 0.2	
	1848 5.7	
11	0251 0.2	
	0721 4.9	
Sun	1448 0.2	
	1933 5.7	
12	0333 0.2	
	0803 5.1	
Mon	1539 0.2	
	2018 5.6	
13	0412 0.2	
	0845 5.1	
Tue	1627 0.2	
	2103 5.3	
14	0448 0.3	
	0930 5.1	
Wed	1712 0.3	
	2151 4.8	
15	0524 0.3	
	1018 5	
Thu	1800 0.4	
	2245 4.3	

March

Day	Time	Metres
16	0603 0.4	
	1109 4.8	
Fri	1854 0.5	
	2348 3.9	
17	0645 0.6	
	1215 4.6	
Sat	2003 0.5	
18	0115 3.6	
	0745 0.7	
Sun	1330 4.4	
	2118 0.5	
19	0239 3.5	
	0900 0.8	
Mon	1445 4.5	
	2236 0.5	
20	0354 3.6	
	1015 0.7	
Tue	1554 4.6	
	2339 0.4	
21	0448 3.7	
	1121 0.6	
Wed	1651 4.7	
	2033 0.4	
22	0533 3.9	
	1218 0.5	
Thu	1736 4.8	
23	0118 0.3	
	0615 4.1	
Fri	1306 0.4	
	1815 4.9	
24	0154 0.3	
	0645 4.4	
Sat	1348 0.4	
	1848 5.1	
25	0227 0.3	
	0712 4.6	
Sun	1424 0.3	
	1918 5.1	
26	0257 0.3	
	0739 4.7	
Mon	1500 0.3	
	1945 5	
27	0324 0.3	
	0806 4.8	
Tue	1533 0.3	
	2018 4.9	
28	0348 0.3	
	0830 4.9	
Wed	1606 0.4	
	2048 4.7	
29	0415 0.4	
	0903 4.8	
Thu	1639 0.4	
	2118 4.4	

Day	Time	Metres
1	0439 0.4	
	0933 4.7	
Fri	1712 0.5	
	2157 4.1	
2	0509 0.5	
	1015 4.6	
Sat	1754 0.6	
	2245 3.8	
3	0542 0.7	
	1106 4.4	
Sun	1848 0.7	
	2351 3.5	
4	0627 0.8	
	1209 4.3	
Mon	2003 0.7	
5	0118 3.3	
	0739 0.9	
Tue	1330 4.4	
	2130 0.6	
6	0248 3.4	
	0912 0.8	
Wed	1451 4.6	
	2251 0.5	
7	0400 3.7	
	1036 0.6	
Thu	1603 4.9	
	2357 0.3	
8	0451 4.1	
	1145 0.4	
Fri	1657 5.2	
9	0051 0.3	
	0536 4.5	
Sat	1251 0.2	
	1748 5.5	
10	0139 0.2	
	0618 5	
Sun	1348 0.2	
	1833 5.6	
11	0224 0.2	
	0654 5.3	
Mon	1439 0.2	
	1915 5.6	
12	0303 0.2	
	0736 5.5	
Tue	1527 0.2	
	1957 5.5	
13	0342 0.3	
	0815 5.6	
Wed	1612 0.2	
	2039 5.1	
14	0415 0.3	
	0900 5.5	
Thu	1657 0.3	
	2130 4.7	
15	0451 0.4	
	0945 5.2	
Fri	1739 0.4	
	2215 4.2	
16	0524 0.5	
	1036 4.9	
Sat	1827 0.5	
	2324 3.8	
17	0603 0.7	
	1136 4.6	
Sun	1930 0.6	
18	0045 3.5	
	0706 0.9	
Mon	1254 4.3	
	2051 0.6	
19	0218 3.4	
	0836 1	
Tue	1418 4.3	
	2209 0.6	
20	0333 3.6	
	1000 0.9	
Wed	1533 4.4	
	2315 0.5	
21	0430 3.9	
	1106 0.7	
Thu	1630 4.6	
22	0006 0.5	
	0512 4.2	
Fri	1203 0.6	
	1718 4.7	
23	0048 0.4	
	0548 4.4	
Sat	1248 0.5	
	1754 4.8	
24	0121 0.4	
	0615 4.6	
Sun	1330 0.4	
	1824 4.9	
25	0151 0.4	
	0642 4.9	
Mon	1406 0.4	
	1851 4.9	
26	0218 0.4	
	0706 5.1	
Tue	1439 0.4	
	1921 4.9	
27	0245 0.5	
	0730 5.2	
Wed	1512 0.4	
	1945 4.9	
28	0312 0.5	
	0800 5.2	
Thu	1545 0.5	
	2018 4.7	
29	0339 0.5	
	0830 5.2	
Fri	1615 0.5	
	2051 4.5	
30	0406 0.6	
	0903 5	
Sat	1651 0.6	
	2127 4.2	
31	0433 0.7	
	0942 4.9	
Sun	1730 0.7	
	2215 3.8	

April

Day	Time	Metres
1	0509	0.8
	1036	4.7
Mon	1827	0.8
	2321	3.6
2	0800	1
	1145	4.5
Tue	1942	0.8
3	0054	3.5
	0721	1
Wed	1309	4.5
	2106	0.7
4	0224	3.6
	0857	0.9
Thu	1430	4.6
	2221	0.6
5	0333	4
	1021	0.7
Fri	1539	4.9
	2327	0.5
6	0421	4.5
	1133	0.5
Sat	1639	5.2
7	0021	0.5
	0506	5
Sun	1239	0.4
	1724	5.4
8	0109	0.4
	0548	5.4
Mon	1333	0.4
	1809	5.5
9	0148	0.4
	0624	5.8
Tue	1424	0.4
	1851	5.5
10	0230	0.5
	0706	5.9
Wed	1512	0.4
	1936	5.3
11	0306	0.5
	0745	5.9
Thu	1554	0.4
	2018	5
12	0339	0.5
	0830	5.7
Fri	1633	0.5
	2103	4.6
13	0412	0.6
	0915	5.4
Sat	1712	0.6
	2148	4.2
14	0448	0.8
	1006	5
Sun	1800	0.7
	2251	3.8
15	0530	1
Mon	1103	4.6
	1900	0.8

Day	Time	Metres
16	0015	3.6
	0639	1.2
Tue	1224	4.4
	2015	0.9
17	0142	3.6
	0809	1.2
Wed	1351	4.3
	2127	0.8
18	0254	3.8
	0930	1.1
Thu	1500	4.3
	2230	0.8
19	0348	4.1
	1039	0.9
Fri	1557	4.5
	2318	0.7
20	0433	4.4
	1133	0.8
Sat	1642	4.6
21	0000	0.7
	0506	4.6
Sun	1221	0.7
	1721	4.6
22	0033	0.7
	0536	4.9
Mon	1303	0.6
	1754	4.7
23	0106	0.7
	0606	5.1
Tue	1339	0.6
	1824	4.8
24	0136	0.7
	0633	5.3
Wed	1415	0.6
	1851	4.8
25	0203	0.7
	0700	5.4
Thu	1448	0.6
	1921	4.7
26	0233	0.7
	0727	5.4
Fri	1521	0.6
	1954	4.6
27	0303	0.7
	0803	5.4
Sat	1557	0.7
	2030	4.4
28	0336	0.8
	0836	5.2
Sun	1636	0.7
	2112	4.2
29	0409	0.8
	0924	5.1
Mon	1721	0.8
	2206	3.9
30	0454	1
	1021	4.9
Tue	1818	0.8
	2318	3.8

May

Day	Time	Metres
1	0554	1.1
	1130	4.7
Wed	1927	0.8
2	0039	3.8
	0718	1.1
Thu	1251	4.6
	2039	0.8
3	0157	4
	0848	0.9
Fri	1409	4.7
	2148	0.7
4	0303	4.4
	1009	0.7
Sat	1518	4.8
	2248	0.6
5	0354	4.8
	1118	0.6
Sun	1618	4.9
	2342	0.6
6	0439	5.3
	1221	0.5
Mon	1706	5
7	0027	0.6
	0518	5.6
Tue	1315	0.5
	1751	5.1
8	0112	0.6
	0600	5.8
Wed	1406	0.5
	1833	5
9	0154	0.6
	0642	5.9
Thu	1451	0.5
	1915	4.9
10	0233	0.6
	0724	5.8
Fri	1533	0.5
	1957	4.7
11	0309	0.6
	0806	5.6
Sat	1615	0.6
	2042	4.4
12	0348	0.7
	0851	5.3
Sun	1654	0.6
	2130	4.1
13	0427	0.8
	0942	5
Mon	1742	0.7
	2233	3.9
14	0515	1
	1045	4.7
Tue	1836	0.8
	2342	3.8
15	0615	1.1
	1151	4.4
Wed	1933	0.8

June

Day	Time	Metres
16	0057	3.8
	0733	1.1
Thu	1306	4.3
	2036	0.8
17	0203	4
	0851	1.1
Fri	1415	4.1
	2130	0.8
18	0300	4.2
	0957	0.9
Sat	1515	4.1
	2221	0.8
19	0348	4.4
	1057	0.8
Sun	1606	4.2
	2303	0.8
20	0424	4.6
	1148	0.7
Mon	1648	4.2
	2342	0.7
21	0500	4.9
	1230	0.6
Tue	1727	4.3
22	0018	0.7
	0530	5.1
Wed	1312	0.6
	1800	4.4
23	0054	4.7
	0603	5.2
Thu	1351	0.5
	1833	4.5
24	0130	0.7
	0636	5.4
Fri	1427	0.5
	1906	4.5
25	0206	0.7
	0712	5.4
Sat	1506	0.6
	1942	4.4
26	0242	0.7
	0748	5.4
Sun	1548	0.6
	2024	4.3
27	0321	0.7
	0830	5.3
Mon	1630	0.6
	2106	4.2
28	0406	0.7
	0918	5.2
Tue	1721	0.6
	2209	4.1
29	0500	0.8
	1018	5
Wed	1815	0.6
	2315	4.1
30	0603	0.8
	1124	4.8
Thu	1915	0.6
31	0024	4.2
	0718	0.8
Fri	1236	4.6
	2015	0.6

Day	Time	Metres
1	0130	4.4
	0836	0.7
Sat	1351	4.5
	2112	0.6
2	0227	4.7
	0951	0.6
Sun	1457	4.5
	2209	0.5
3	0324	5
	1103	0.5
Mon	1600	4.5
	2303	0.5
4	0412	5.3
	1203	0.4
Tue	1651	4.5
	2354	0.5
5	0500	5.5
	1257	0.4
Wed	1739	4.6
6	0039	0.5
	0545	5.6
Thu	1348	0.4
	1824	4.6
7	0127	0.5
	0627	5.7
Fri	1312	0.4
	1909	4.5
8	0209	0.5
	0712	5.6
Sat	1515	0.4
	1948	4.4
9	0248	0.6
	0754	5.5
Sun	1557	0.5
	2033	4.3
10	0330	0.6
	0836	5.3
Mon	1636	0.5
	2115	4.1
11	0412	0.7
	0921	5
Tue	1718	0.5
	2209	4
12	0457	0.8
	1012	4.7
Wed	1800	0.6
	2306	4
13	0551	0.9
	1109	4.4
Thu	1845	0.6
14	0003	4
	0651	0.9
Fri	1209	4.1
	1930	0.7
15	0100	4.1
	0757	0.9
Sat	1315	4
	2021	0.7

Day	Time	Metres
16	0157	4.2
	0906	0.8
Sun	1421	3.9
	2112	0.8
17	0245	4.4
	1006	0.7
Mon	1521	3.9
	2200	0.8
18	0333	4.6
	1103	0.6
Tue	1612	3.9
	2245	0.7
19	0415	4.7
	1154	0.5
Wed	1657	4
	2333	0.7
20	0500	4.9
	1242	0.4
Thu	1739	4
21	0015	0.6
	0539	5.1
Fri	1327	0.4
	1821	4.1
22	0103	0.5
	0618	5.3
Sat	1412	0.4
	1900	4.2
23	0148	0.5
	0657	5.4
Sun	1457	0.4
	1936	4.3
24	0233	0.5
	0739	5.5
Mon	1542	0.4
	2021	4.3
25	0321	0.5
	0827	5.4
Tue	1627	0.4
	2109	4.3
26	0409	0.5
	0912	5.3
Wed	1712	0.4
	2200	4.4
27	0506	0.5
	1009	5
Thu	1757	0.4
	2254	4.4
28	0603	0.5
	1106	4.8
Fri	1848	0.4
	2351	4.5
29	0706	0.5
	1212	4.5
Sat	1936	0.4
30	0051	4.7
	0818	0.5
Sun	1321	4.3
	2033	0.5

July

Day	Time	Metres
1	0151	4.8
0930	0.4	
1433	4.2	
2130	0.5	
2	0251	5
1039	0.4	
1539	4.1	
2227	0.5	
3	0348	5.2
1142	0.3	
1639	4.1	
2324	0.5	
4	0442	5.2
1239	0.3	
1733	4.1	
5	0018	0.4
0536	5.2	
1333	0.3	
1821	4.1	
6	0109	0.4
0621	5.3	
1418	0.3	
1900	4.2	
7	0154	0.4
0703	5.3	
1500	0.3	
1939	4.3	
8	0239	0.4
0742	5.3	
1539	0.3	
2018	4.3	
9	0321	0.4
0821	5.2	
1615	0.4	
2057	4.3	
10	0400	0.5
0900	5	
1648	0.4	
2136	4.3	
11	0439	0.5
0942	4.7	
1721	0.4	
2215	4.2	
12	0521	0.6
1021	4.4	
1751	0.5	
2300	4.2	
13	0606	0.7
1112	4.1	
1827	0.6	
2348	4.2	
14	0703	0.8
1212	3.8	
1909	0.7	
15	0042	4.2
0803	0.8	
1318	3.6	
1957	0.8	

Day	Time	Metres
16	0139	4.3
0912	0.7	
1427	3.6	
2054	0.8	
17	0239	4.4
1018	0.6	
1530	3.6	
2154	0.8	
18	0333	4.6
1121	0.5	
1630	3.7	
2254	0.7	
19	0427	4.8
1218	0.4	
1718	3.8	
2354	0.5	
20	0515	5.1
1312	0.3	
1803	4	
21	0045	0.4
0603	5.3	
1400	0.3	
1842	4.2	
22	0139	0.3
0645	5.5	
1445	0.3	
1924	4.4	
23	0230	0.3
0727	5.6	
1530	0.2	
2006	4.6	
24	0321	0.3
0812	5.5	
1612	0.2	
2051	4.8	
25	0409	0.3
0900	5.4	
1654	0.2	
2136	4.8	
26	0500	0.3
0948	5.1	
1733	0.3	
2224	4.8	
27	0554	0.4
1045	4.7	
1815	0.3	
2315	4.8	
28	0651	0.4
1142	4.3	
1900	0.4	
29	0015	4.8
0757	0.5	
1257	4	
1954	0.5	
30	0118	4.8
0906	0.4	
1418	3.8	
2057	0.6	
31	0230	4.8
1024	0.4	
1533	3.8	
2203	0.6	

August

Day	Time	Metres
1	0333	4.9
1130	0.4	
1633	3.8	
2309	0.5	
2	0433	4.9
1230	0.3	
1727	3.9	
3	0006	0.5
0527	5	
1318	0.3	
1812	4	
4	0100	0.4
0612	5.1	
1400	0.3	
1848	4.2	
5	0145	0.3
0651	5.2	
1439	0.3	
1921	4.4	
6	0227	0.3
0727	5.2	
1512	0.3	
1954	4.5	
7	0306	0.3
0800	5.1	
1542	0.3	
2024	4.5	
8	0342	0.4
0833	4.9	
1612	0.3	
2054	4.6	
9	0415	0.4
0906	4.7	
1636	0.4	
2130	4.5	
10	0451	0.5
0942	4.4	
1703	0.4	
2203	4.5	
11	0530	0.5
1024	4.1	
1733	0.5	
2248	4.4	
12	0612	0.6
1115	3.7	
1806	0.7	
2336	4.3	
13	0706	0.7
1218	3.5	
1851	0.8	
14	0039	4.2
0818	0.7	
1339	3.3	
1957	0.9	
15	0151	4.3
0939	0.7	
1500	3.4	
2115	0.8	

Day	Time	Metres
16	0300	4.5
1051	0.5	
1603	3.5	
2227	0.7	
17	0400	4.8
1154	0.4	
1654	3.8	
2333	0.5	
18	0457	5.1
1251	0.3	
1742	4.1	
19	0036	0.3
0545	5.4	
1339	0.2	
1821	4.5	
20	0130	0.2
0630	5.6	
1424	0.2	
1900	4.8	
21	0224	0.2
0712	5.7	
1506	0.2	
1939	5.1	
22	0315	0.2
0757	5.6	
1554	0.2	
2021	5.2	
23	0400	0.2
0839	5.3	
1621	0.2	
2100	5.2	
24	0448	0.2
0927	4.9	
1657	0.3	
2148	5.1	
25	0536	0.3
1018	4.5	
1736	0.4	
2239	4.9	
26	0627	0.4
1121	4.1	
1821	0.5	
2342	4.7	
27	0730	0.5
1239	3.7	
1915	0.7	
28	0054	4.6
0845	0.5	
1403	3.6	
2030	0.7	
29	0212	4.6
1006	0.5	
1524	3.6	
2148	0.7	
30	0324	4.6
1115	0.4	
1627	3.8	
2300	0.6	
31	0427	4.7
1212	0.4	
1715	3.9	
2357	0.5	

September

Day	Time	Metres
1	0518	4.8
1257	0.3	
1757	4.2	
2	0051	0.4
0600	4.9	
1336	0.3	
1827	4.4	
3	0133	0.3
0636	5	
1409	0.3	
1857	4.6	
4	0212	0.3
0706	5	
1436	0.3	
1924	4.7	
5	0245	0.3
0736	4.9	
1503	0.3	
1951	4.8	
6	0318	0.3
0803	4.8	
1530	0.3	
2018	4.8	
7	0348	0.3
0833	4.6	
1554	0.4	
2048	4.8	
8	0421	0.4
0906	4.3	
1618	0.4	
2118	4.7	
9	0454	0.5
0945	4	
1645	0.5	
2200	4.5	
10	0533	0.6
1033	3.7	
1718	0.7	
2248	4.3	
11	0624	0.7
1136	3.4	
1803	0.8	
2348	4.2	
12	0736	0.8
1257	3.2	
1915	1	
13	0109	4.3
0906	0.7	
1430	3.3	
2045	0.9	
14	0230	4.5
1024	0.5	
1539	3.6	
2209	0.6	
15	0339	4.8
1127	0.4	
1633	4	
2321	0.4	

Day	Time	Metres
16	0436	5.1
1221	0.3	
1715	4.4	
17	0024	0.2
0524	5.3	
1309	0.2	
1754	4.8	
18	0118	0.1
0609	5.5	
1351	0.2	
1830	5.2	
19	0212	0.1
0651	5.5	
1433	0.2	
1909	5.5	
20	0300	0.1
0733	5.4	
1512	0.2	
1948	5.6	
21	0345	0.2
0815	5.1	
1548	0.2	
2033	5.5	
22	0427	0.2
0903	4.7	
1621	0.3	
2118	5.3	
23	0512	0.3
0957	4.3	
1657	0.4	
2206	5	
24	0603	0.4
1057	3.8	
1742	0.6	
2312	4.6	
25	0706	0.5
1221	3.5	
1845	0.8	
26	0030	4.4
0824	0.6	
1351	3.5	
2012	0.9	
27	0154	4.4
0945	0.6	
1506	3.6	
2136	0.8	
28	0312	4.5
1051	0.5	
1606	3.9	
2248	0.6	
29	0412	4.6
1145	0.4	
1654	4.1	
2345	0.5	
30	0500	4.7
1227	0.4	
1730	4.3	

October

Day	Time	Metres
1	0033	0.4
	0542	4.7
Tue	1300	0.4
	1800	4.6
2	0112	0.3
	0612	4.8
Wed	1330	0.4
	1827	4.8
3	0148	0.3
	0642	4.8
Thu	1400	0.4
	1851	4.9
4	0224	0.3
	0712	4.7
Fri	1424	0.4
	1918	5
5	0254	0.3
	0736	4.7
Sat	1448	0.4
	1945	5.1
6	0324	0.4
	0806	4.5
Sun	1515	0.4
	2012	5
7	0357	0.4
	0839	4.3
Mon	1542	0.5
	2045	4.9
8	0427	0.5
	0915	4
Tue	1609	0.6
	2124	4.7
9	0509	0.6
	1003	3.7
Wed	1645	0.7
	2215	4.5
10	0600	0.7
	1109	3.4
Thu	1736	0.9
	2321	4.3
11	0712	0.7
	1233	3.3
Fri	1854	0.9
12	0042	4.3
	0836	0.6
Sat	1403	3.5
	2027	0.8
13	0206	4.4
	0951	0.5
Sun	1512	3.8
	2151	0.6
14	0315	4.7
	1054	0.4
Mon	1600	4.3
	2303	0.4
15	0412	4.9
	1148	0.3
Tue	1645	4.7

Day	Time	Metres
16	0009	0.2
	0503	5.1
Wed	1236	0.3
	1724	5.2
17	0106	0.1
	0548	5.2
Thu	1318	0.2
	1803	5.5
18	0154	0.1
	0630	5.2
Fri	1400	0.2
	1842	5.8
19	0242	0.2
	0712	5.1
Sat	1439	0.3
	1921	5.8
20	0327	0.2
	0757	4.8
Sun	1515	0.3
	2006	5.6
21	0409	0.3
	0842	4.5
Mon	1551	0.4
	2054	5.3
22	0451	0.6
	0933	4.1
Tue	1630	0.5
	2145	5
23	0542	0.5
	1039	3.7
Wed	1715	0.7
	2245	4.6
24	0639	0.6
	1157	3.5
Thu	1821	0.9
25	0003	4.4
	0754	0.6
Fri	1324	3.6
	1948	0.9
26	0124	4.3
	0906	0.6
Sat	1433	3.8
	2109	0.8
27	0242	4.3
	1009	0.6
Sun	1533	4
	2221	0.7
28	0342	4.3
	1100	0.5
Mon	1618	4.3
	2318	0.5
29	0433	4.4
	1139	0.5
Tue	1654	4.5
30	0006	0.4
	0515	4.4
Wed	1215	0.5
	1724	4.7
31	0048	0.4
	0545	4.5
Thu	1248	0.5
	1754	4.9

November

Day	Time	Metres
1	0124	0.4
	0618	4.5
Fri	1318	0.5
	1821	5.1
2	0200	0.4
	0648	4.5
Sat	1345	0.5
	1848	5.2
3	0230	0.4
	0715	4.5
Sun	1415	0.5
	1915	5.2
4	0303	0.4
	0748	4.3
Mon	1445	0.5
	1948	5.1
5	0336	0.4
	0821	4.1
Tue	1515	0.5
	2021	5
6	0412	0.5
	0903	3.9
Wed	1548	0.6
	2106	4.9
7	0457	0.6
	0951	3.7
Thu	1633	0.7
	2157	4.7
8	0551	0.6
	1054	3.6
Fri	1727	0.8
	2300	4.5
9	0657	0.6
	1212	3.6
Sat	1845	0.8
10	0018	4.4
	0806	0.5
Sun	1330	3.8
	2012	0.7
11	0136	4.4
	0912	0.5
Mon	1433	4.2
	2133	0.5
12	0245	4.5
	1012	0.4
Tue	1524	4.6
	2245	0.3
13	0348	4.7
	1109	0.3
Wed	1612	5
	2348	0.2
14	0439	4.8
	1157	0.3
Thu	1654	5.4
15	0048	0.2
	0527	4.8
Fri	1245	0.3
	1736	5.7

Day	Time	Metres
16	0139	0.2
	0612	4.8
Sat	1327	0.3
	1821	5.8
17	0227	0.2
	0657	4.7
Sun	1409	0.3
	1903	5.8
18	0309	0.3
	0742	4.5
Mon	1451	0.4
	1936	5.6
19	0354	0.3
	0824	4.3
Tue	1527	0.4
	2033	5.3
20	0436	0.4
	0918	4
Wed	1609	0.5
	2121	5
21	0524	0.5
	1015	3.8
Thu	1700	0.7
	2221	4.7
22	0615	0.5
	1121	3.7
Fri	1757	0.8
	2327	4.4
23	0712	0.6
	1145	4.1
Sat	1239	3.7
	1912	0.9
24	0045	4.2
	0815	0.6
Sun	1345	3.9
	2030	0.8
25	0154	4
	0909	0.6
Mon	1439	4.1
	2139	0.7
26	0300	4
	1000	0.6
Tue	1530	4.3
	2224	0.6
27	0354	4
	1045	0.6
Wed	1609	4.5
	2333	0.5
28	0442	4
	1127	0.6
Thu	1648	4.7
29	0018	0.4
	0521	4.1
Fri	1203	0.5
	1721	4.9
30	0100	0.4
	0554	4.2
Sat	1239	0.5
	1754	5

December

Day	Time	Metres
1	0136	0.4
	0630	4.2
Sun	1315	0.5
	1827	5.2
2	0215	0.4
	0700	4.2
Mon	1351	0.5
	1900	5.2
3	0251	0.4
	0736	4.2
Tue	1427	0.5
	1936	5.3
4	0330	0.4
	0812	4.1
Wed	1503	0.5
	2012	5.2
5	0409	0.4
	0851	4
Thu	1548	0.5
	2054	5
6	0454	0.4
	0942	4
Fri	1633	0.6
	2148	4.9
7	0542	0.4
	1039	4
Sat	1730	0.6
	2245	4.7
8	0636	0.5
	1145	4.1
Sun	1839	0.6
	2351	4.5
9	0733	0.5
	1248	4.3
Mon	1954	0.6
10	0106	4.4
	0833	0.4
Tue	1351	4.5
	2112	0.5
11	0221	4.3
	0930	0.4
Wed	1451	4.8
	2224	0.4
12	0327	4.3
	1027	0.4
Thu	1542	5
	2330	0.3
13	0427	4.3
	1121	0.4
Fri	1623	5.3
14	0030	0.2
	0515	4.3
Sat	1212	0.4
	1721	5.5
15	0124	0.2
	0600	4.4
Sun	1303	0.3
	1806	5.6

Day	Time	Metres
16	0212	0.3
	0648	4.4
Mon	1351	0.4
	1851	5.6
17	0257	0.3
	0730	4.3
Tue	1433	0.4
	1936	5.5
18	0339	0.3
	0815	4.3
Wed	1518	0.4
	2021	5.3
19	0421	0.4
	0900	4.1
Thu	1600	0.5
	2103	5
20	0500	0.4
	0942	4
Fri	1642	0.6
	2154	4.7
21	0539	0.5
	1039	4
Sat	1730	0.7
	2239	4.4
22	0621	0.5
	1130	3.9
Sun	1827	0.8
	2339	4.1
23	0703	0.6
	1227	4
Mon	1930	0.8
24	0045	3.8
	0754	0.7
Tue	1327	4.1
	2042	0.8
25	0200	3.7
	0848	0.7
Wed	1424	4.3
	2148	0.7
26	0303	3.7
	0939	0.8
Thu	1515	4.4
	2248	0.6
27	0400	3.7
	1033	0.7
Fri	1606	4.6
	2345	0.5
28	0448	3.8
	1121	0.7
Sat	1648	4.8
29	0033	0.4
	0530	3.8
Sun	1206	0.6
	1730	4.9
30	0118	0.4
	0609	3.9
Mon	1251	0.5
	1806	5.1
31	0200	0.4
	0648	4
Tue	1336	0.4
	1848	5.2

